

## **FINDING JOY**

### **THE BIBLE**

#### **Phil 4:4**

Rejoice in the Lord alway: and again I say, Rejoice.

#### **Luke 2:8-11**

And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord.

#### **Matt. 5:1-12 (to 2nd :)**

And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: And he opened his mouth, and taught them, saying, Blessed are the poor in spirit: for theirs is the kingdom of heaven. Blessed are they that mourn: for they shall be comforted. Blessed are the meek: for they shall inherit the earth. Blessed are they which do hunger and thirst after righteousness: for they shall be filled. Blessed are the merciful: for they shall obtain mercy. Blessed are the pure in heart: for they shall see God. Blessed are the peacemakers: for they shall be called the children of God. Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven:

#### **Luke 17:20, 21**

¶And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation: Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

#### **John 8:32 know**

know the truth, and the truth shall make you free.

#### **Matt 19:26 with**

with God all things are possible.

#### **Luke 10:17-18 (to .), 20 rejoice**

¶And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name. And he said unto them, rejoice not, that the spirits are subject unto you; but rather rejoice, because your names are written in heaven.

#### **Matt 25:14-29 the**

the kingdom of heaven is as a man travelling into a far country, who called his own servants, and delivered unto them his goods. And unto one he gave five talents, to another two, and to another one; to every man according to his several ability; and straightway took his journey. Then he that had received the five talents went and traded with the same, and made them other five talents. And likewise he that had received two, he also gained other two. But he that had received one went and digged in the earth, and hid his lord's money. After a long time the lord of those servants cometh, and reckoneth with them. And so he that had received five talents came and brought other five talents, saying, Lord, thou deliveredst unto me five talents: behold, I have gained beside them five

talents more. His lord said unto him, Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord. He also that had received two talents came and said, Lord, thou deliveredst unto me two talents: behold, I have gained two other talents beside them. His lord said unto him, Well done, good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord. Then he which had received the one talent came and said, Lord, I knew thee that thou art an hard man, reaping where thou hast not sown, and gathering where thou hast not strawed: And I was afraid, and went and hid thy talent in the earth: lo, there thou hast that is thine. His lord answered and said unto him, Thou wicked and slothful servant, thou knewest that I reap where I sowed not, and gather where I have not strawed: Thou oughtest therefore to have put my money to the exchangers, and then at my coming I should have received mine own with usury. Take therefore the talent from him, and give it unto him which hath ten talents. For unto every one that hath shall be given, and he shall have abundance: but from him that hath not shall be taken away even that which he hath.

#### **I John 4:16 2nd God, 18 (to :)**

God is love; and he that dwelleth in love dwelleth in God, and God in him. There is no fear in love; but perfect love casteth out fear:

#### **Rom 8:38 I am, 39**

I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

#### **John 15:1-2, 4-5, 7-11**

I am the true vine, and my Father is the husbandman. Every branch in me that beareth not fruit he taketh away: and every branch that beareth fruit, he purgeth it, that it may bring forth more fruit.

Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples. As the Father hath loved me, so have I loved you: continue ye in my love. If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love. These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.

#### **Ps. 100:1-5**

Make a joyful noise unto the Lord, all ye lands. Serve the Lord with gladness: come before his presence with singing. Know ye that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

#### **Matt 5:14 (to .), 16**

Ye are the light of the world.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

**Isa 60:1**

Arise, shine; for thy light is come, and the glory of the Lord is risen upon thee.

**SCIENCE AND HEALTH**

**SH 244:10 Paul**

Paul writes: "The law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death."

**SH 481:3-4**

God's being is infinity, freedom, harmony, and boundless bliss.

**SH 304:3**

It is ignorance and false belief, based on a material sense of things, which hide spiritual beauty and goodness. Understanding this, Paul said:

"Neither death, nor life, . . . nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God." This is the doctrine of Christian Science: that divine Love cannot be deprived of its manifestation, or object; that joy cannot be turned into sorrow, for sorrow is not the master of joy; that good can never produce evil; that matter can never produce mind nor life result in death. The perfect man — governed by God, his perfect Principle — is sinless and eternal.

**SH 390:7**

It is our ignorance of God, the divine Principle, which produces apparent discord, and the right understanding of Him restores harmony. Truth will at length compel us all to exchange the pleasures and pains of sense for the joys of Soul.

**SH 266:6-15**

Would existence without personal friends be to you a blank? Then the time will come when you will be solitary, left without sympathy; but this seeming vacuum is already filled with divine Love. When this hour of development comes, even if you cling to a sense of personal joys, spiritual Love will force you to accept what best promotes your growth. Friends will betray and enemies will slander, until the lesson is sufficient to exalt you; for "man's extremity is God's opportunity."

**SH 265:26, 266:1 - 2 the creations**

The loss of earthly hopes and pleasures brightens the ascending path of many a heart. The pains of sense quickly inform us that the pleasures of sense are mortal and that joy is spiritual.

the creations of God are good, "rejoicing the heart."

**SH 262:17**

Job said: "I have heard of Thee by the hearing of the ear: but now mine eye seeth Thee." Mortals will echo Job's thought, when the supposed pain and pleasure of matter cease to predominate. They will then drop the false estimate of life and happiness, of joy and sorrow, and attain the bliss of loving unselfishly, working patiently, and conquering all that is unlike God. Starting from a higher standpoint, one rises spontaneously, even as light emits light without effort; for "where your treasure is, there will your heart be also."

**SH 246:1-3 (to sorrow), 28-30 (to continuity); 248:29-31 (to us); 249:1; 249:6-7 (to life)**

Man is not a pendulum, swinging between evil and good, joy and sorrow

Life and goodness are immortal. Let us then shape our views of existence into loveliness, freshness, and continuity

Let unselfishness, goodness, mercy, justice, health, holiness, love — the kingdom of heaven — reign within us

Let us accept Science, relinquish all theories based on sense-testimony, give up imperfect models and illusive ideals; and so let us have one God, one Mind, and that one perfect, producing His own models of excellence.

Let us feel the divine energy of Spirit, bringing us into newness of life

**SH 250:30**

Science reveals Life as not being at the mercy of death, nor will Science admit that happiness is ever the sport of circumstance.

**SH 57:18**

Happiness is spiritual, born of Truth and Love. It is unselfish; therefore it cannot exist alone, but requires all mankind to share it.

**SH 264:13-15**

As mortals gain more correct views of God and man, multitudinous objects of creation, which before were invisible, will become visible.

**SH 261:4**

Hold thought steadfastly to the enduring, the good, and the true, and you will bring these into your experience proportionably to their occupancy of your thoughts.

**SH vii:1-2**

To those leaning on the sustaining infinite, to-day is big with blessings.

**SH 496:9-13**

We all must learn that Life is God. Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of Truth and Love? If so, then the way will grow brighter "unto the perfect day."

**HYMNS**

**Hymn 58**

Father, we Thy loving children  
Lift our hearts in joy today,  
Knowing well that Thou wilt keep us  
Ever in Thy blessed way.  
Thou art Love and Thou art wisdom,  
Thou art Life and Thou art All;  
In Thy Spirit living, moving,  
We shall neither faint nor fall.

Come we daily then, dear Father,  
Open hearts and willing hands,  
Eager ears, expectant, joyful,  
Ready for Thy right commands.  
We would hear no other voices,  
We would heed no other call;  
Thou alone art good and gracious,  
Thou our Mind and Thou our All.

In Thy house securely dwelling,  
Where Thy children live to bless,  
Seeing only Thy creation,  
We can share Thy happiness,  
Share Thy joy and spend it freely.  
Loyal hearts can feel no fear;  
We Thy children know Thee, Father,  
Love and Life forever near.

**Hymn 65**

From glory unto glory,  
Be this our joyous song;  
From glory unto glory,  
'Tis Love that leads us on;  
As wider yet and wider,  
The rising splendors glow,  
What wisdom is revealed to us,  
What freedom we may know.

The fullness of His blessing  
Encompasseth our way;  
The fullness of His promise  
Crowns every dawning day;  
The fullness of His glory  
Is shining from above,  
While more and more we learn to know  
The fullness of His love.

From glory unto glory,  
What great things He hath done,  
What wonders He hath shown us,  
What triumphs Love hath won.  
From glory unto glory,  
From strength to strength we go,  
While grace for grace abundantly  
Doth from His fullness flow.

**Hymn 417**

Joy to the world, the Lord is come,  
Let earth receive her King;  
Let every heart prepare him room,  
And heaven and nature sing.

No more let sin and sorrow grow,  
Nor thorns infest the ground;  
Where'er he comes, his blessings flow,  
And hope and joy abound.

He rules the world with truth and grace,  
And makes the nations prove  
The glories of his righteousness  
And wonders of his love.